

OB Care Connect

Making it easier to connect with the right pregnancy care provider.



Central West
ONTARIO HEALTH TEAM

We are improving how we connect patients with pregnancy (OB) care providers in Brampton, Malton, West Woodbridge and North Etobicoke.

Right now, finding a provider can take time, involve multiple referrals and potentially delay care.

OB Care Connect aims to make the process of finding a pregnancy care provider faster, simpler, and more accessible for both patients and family doctors.

This means:

- Your family doctor sends one referral only
- You are matched more quickly with an available provider
- You are connected to the right type of care based on your needs and (preferences where possible)
- Your care is coordinated more efficiently from the start

UNDERSTANDING YOUR PRENATAL CARE OPTIONS

1. PRIMARY CARE OBSTETRICS GROUP (FAMILY DOCTOR)

Family physicians with additional training and experience in obstetrics who can:

- Provide maternity care for low- to moderate-risk pregnancies
- Offer prenatal, labour, birth, and postpartum care, usually in hospital settings
- Manage uncomplicated vaginal births and some interventions, but refer to OBs for surgical or high-risk needs
- Order tests, prescribe medications, and coordinate with specialists when needed

2. MIDWIVES

Regulated health professionals who specialize in low-risk pregnancies who can:

- Provide care during pregnancy, labour, birth, and for about six weeks after birth
- Support births in hospital, at home, or in a birth centre (where available)
- Provide longer visits and more continuity (you see a small team throughout your pregnancy)
- Partner with physicians if complications arise during pregnancy, and can arrange consultation or transfer of care when needed

3. OBSTETRICIANS (OBS)

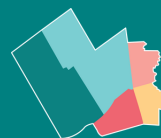
Medical doctors specializing in pregnancy, childbirth, and reproductive health who can:

- Manage both low- and high-risk pregnancies, including complications
- Support all types of deliveries, including C-sections
- Prescribe a full range of medications and order all necessary tests
- Work with midwives or family doctors for collaborative care

An OB may be recommended if you have certain medical conditions, pregnancy complications, multiple gestations (twins or higher-order multiples), or other factors that may require specialized monitoring and care.

OB Care Connect

Please reach out to your family doctor for any questions or concerns.



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WHERE TO GO FOR URGENT CARE

Signs and symptoms that indicate an urgent matter and where to go

If you have any of these symptoms:	Number of weeks / months pregnant	Where to go
Vaginal bleeding Abdominal cramping Low, dull back ache or thigh pain Pelvic pressure Sudden gush or slow leak of fluid from vagina Fever, severe headache or vision problems Notice a decrease in your baby's movement	Under three months (13 weeks)	Go to your closest Emergency Department or Urgent Care Centre
	Three to five months (13 weeks to 20 weeks)	Go to your closest Emergency Department (not urgent care) or call 9-1-1
	Over five months (20 weeks)	Go straight to the Labour & Delivery (L&D) Unit at the hospitals where you are delivering your baby

Where to go for pregnancy and non-pregnancy related concerns

Number of weeks / months pregnant	Pregnancy related concern	Non-pregnancy related concern
Less than 13 weeks	Brampton Civic Hospital Emergency Department OR Peel Memorial Centre for Integrated Health and Wellness Urgent Care Centre	Brampton Civic Hospital Emergency Department OR Peel Memorial Centre for Integrated Health and Wellness Urgent Care Centre OR Etobicoke General Hospital Emergency Department
Less than 20 weeks	Brampton Civic Hospital Emergency Department	Brampton Civic Hospital Emergency Department OR Etobicoke General Hospital Emergency Department
Greater than or equal to 20 weeks	Brampton Civic Hospital Labour and Delivery	Brampton Civic Hospital Emergency Department OR Etobicoke General Hospital Emergency Department