



Menopause & Healthy Aging CME Update

OCTOBER 16, 2026

THE INTERNATIONAL CENTRE, HALL5



Navigate the latest developments in
menopause & healthy aging care this Fall

The Menopause & Healthy Aging CME Update, a one-day event for Canadian family physicians, OB/GYNs, menopause practitioners, and other allied healthcare professional interested in menopause & healthy aging patient care.

Taking place on October 16 at the Toronto International Centre, this program delivers practical, evidence-based updates you can apply in your practice.

The Menopause & Healthy Aging CME Update offers the latest in diagnosis, treatment, and patient care management for peri- and menopausal women—presented by leading clinicians and researchers.

With a multidisciplinary faculty, you'll gain tools and confidence to better support patients through the menopause transition.

Program themes include:

Navigating misinformation, incorporating menopause care, breast density & screening, troubleshooting hormone therapy, non-hormonal options, complexities in perimenopause, testosterone prescribing, brain fog & mood, and more.

Explore Program

Special Early Bird Rates

\$140 Physicians

(family physician, general practitioner, or specialist)

\$95 Nurse Practitioners & Allied Health Care

Professionals

(pharmacists, therapists, and other)

Secure Your Spot



[Subscription Preferences](#) | [Unsubscribe](#) | [Privacy Policy](#) |

www.menopauseupdate.com